

SESSION 6

LATEST INTERVENTIONS IN SOCIAL PROTECTION

Building Block 4: Programmes and Delivery Systems for Adaptive Social Protection

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SOPRAN: Social Protection Adolescent Nutrition

2nd National Social Protection Conference

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Project Aim

Support Pakistan's Social Protection Program to improve the nutritional practices of adolescent girls aged 10-19 years and their families through multiple pathways for nutrition interventions.

Key Goals

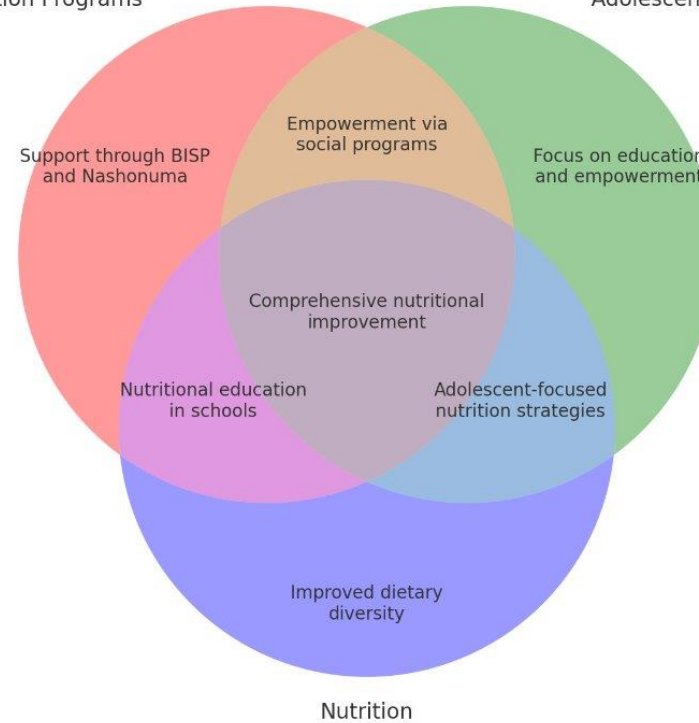
- Facilitate access to nutrition supplements and fortified foods and promote dietary diversity through the SPP
- Empower girls in the Taleemi Wazaif Program (Conditional Cash Transfer Programme to retain children in education in Pakistan from primary to higher secondary level) to advocate for better nutrition
- Improve knowledge, attitudes, and practices (KAP) regarding nutrition across educators and adolescent girls

Project Activities

Through engagement in 8,387 schools across 7 districts covering the whole of Pakistan, the project will:

- Prevent anemia through weekly iron-folic acid supplements for adolescent girls
- Provide nutrition education to adolescent girls through teachers
- With adolescent girls acting as agents of change, improve nutrition knowledge, attitudes and practices of adolescent girls, and their communities
- Support local wheat farmers, premix manufacturers, and local chakki owners through distribution of fortified wheat flour

Social Protection Programs Adolescent Girls



Indicator	Goal
# of adolescent girls in schools receiving WIFAS	100,000
# of HHs reached with nutrition messages indirectly	650,000
# of teachers trained	1,500
# of LHWs trained	1,400
# of peer educators trained	20,000
# of religious leaders, journalists, community notables sensitized	700
# of parents sensitized	50000
# of chakkis strengthened to provide fortified flour	70
# of government officials trained on fortification	160

